



Neurontin Protocol

NEURONTIN (new-RON-tin), also called gabapentin, is a prescription medicine that can be used to treat nerve pain that follows shingles in adults. It has been used for *non-FDA approved* circumstances such as peripheral neuropathy and peripheral nerve pain syndromes.

Tell your doctor if you:

- Are *pregnant*, plan to become pregnant, or think you might be pregnant, or are *breastfeeding*.
- Have any *kidney* problems.
- Have ever had an *allergic* reaction (itching, wheezing, hives, or swelling of the throat or face) to any medicine.
- Are taking any other prescription or non-prescription medicines, vitamins or herbal supplements.
- Take NEURONTIN exactly as prescribed by your doctor. Your doctor will tell you how much to take and when to take it. Your doctor may start you on a low dose and gradually increase the dose over days to weeks. It may take days to weeks to know NEURONTIN is working. If you are over 65 years old or have kidney problems, your doctor may give you a lower dose of NEURONTIN.
- Take NEURONTIN at the same time each day. If you miss a dose, take it as soon as you remember. If it is close to your next dose, just take your regular dose. Do not take more than 1 dose of NEURONTIN at a time.
- You can take NEURONTIN with or without food.
- If you take antacids such as Tums®, or Maalox®, wait 2 hours before taking NEURONTIN.
- Do not stop taking NEURONTIN unless your doctor tells you. Stopping NEURONTIN suddenly may bring on a seizure. Your doctor will tell you when and how to stop taking NEURONTIN. Follow your doctor's directions. The dose will be decreased slowly, over a week or more.
- Do not run out of NEURONTIN. Plan ahead to have a refill on hand.
- If you take too much NEURONTIN or overdose, call your doctor or poison control center or go to the nearest emergency room right away.
- Do not drive a car or operate heavy machinery until you are sure you can stay alert while taking NEURONTIN. NEURONTIN may make you sleepy or dizzy after taking it.

Some people may have side effects while taking NEURONTIN. Side effects are usually mild to moderate in severity. The most common side effects in patients with nerve pain are

<ul style="list-style-type: none"> • Dizziness • Visual problems • Clumsiness • Sleepiness and drowsiness 	<ul style="list-style-type: none"> • Shaking or tremor • Swelling of hands or feet • Weakness • Diarrhea
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Some of this information was obtained from www.neurontin.com. Additional information may be obtained from <http://www.drugs.com/neurontin.html>.

For most purposes, a maximum dose of 300mg three times a day is adequate. Smaller doses may be very effective for some patients and you *need not* increase the dose above the level where it appears to be working for you. Do not increase the dose to the next level if you are drowsy from the medication. Wait until your system adjusts to the medication before going to the next level.

Day	Dose	Day	Dose	Day	Dose	Day	Dose	Day	Dose
1	100 mg @ bedtime	6	100mg in morning 100mg in afternoon 200mg @ bedtime	11	200mg in morning 200mg in afternoon 200mg @ bedtime	16	200mg in morning 200mg in afternoon 300mg @ bedtime	21	200mg in morning 300mg in afternoon 300mg @ bedtime
2	100 mg in afternoon 100mg @ bedtime	7	100mg in morning 200mg in afternoon 200mg @ bedtime	12	200mg in morning 200mg in afternoon 200mg @ bedtime	17	200mg in morning 200mg in afternoon 300mg @ bedtime	22	200mg in morning 300mg in afternoon 300mg @ bedtime
3	100mg in morning 100 mg in afternoon 100mg @ bedtime	8	100mg in morning 200mg in afternoon 200mg @ bedtime	13	200mg in morning 200mg in afternoon 300mg @ bedtime	18	200mg in morning 300mg in afternoon 300mg @ bedtime	23	300mg in morning 300mg in afternoon 300mg @ bedtime
4	100mg in morning 100mg in afternoon 200mg @ bedtime	9	100mg in morning 200mg in afternoon 200mg @ bedtime	14	200mg in morning 200mg in afternoon 300mg @ bedtime	19	200mg in morning 300mg in afternoon 300mg @ bedtime	24	300mg in morning 300mg in afternoon 300mg @ bedtime
5	100mg in morning 100mg in afternoon 200mg @ bedtime	10	200mg in morning 200mg in afternoon 200mg @ bedtime	15	200mg in morning 200mg in afternoon 300mg @ bedtime	20	200mg in morning 300mg in afternoon 300mg @ bedtime	25	300mg in morning 300mg in afternoon 300mg @ bedtime